

Graduate Credit Opportunity through CESA 6 and Concordia University

# Building a Growth Mindset

## July 10-August 6, 2016

### *Building a Growth Mindset* 2-credit course through Concordia University

### *Facilitator: Dr. Valerie Schmitz, CESA 6 Effectiveness Project Coordinator*

#### *Course Description*

A growth mindset is characterized by the belief that an ability is dynamic and changeable, a willingness to embrace and work through challenges, the belief that failure is an opportunity to grow and learn from the experience, and looking to the success of others as models for improvement. In this course, participants will explore the growth mindset and apply the framework to their own classroom.

#### *Objectives*

- Define Growth Mindset
- Evaluate current classroom practices and beliefs in terms of mindset.
- Identify growth mindset "look fors" in the classroom.
- Identify instructional models for immediate use.

#### *Anticipated Course Outcomes:*

At the end of this course, participants will have created a minimum of 5 strategies for building a growth mindset in their classroom.

#### *Assignments*

- Active participation in course discussions.
- Reflections on required reading: Rici, Mary: Mindsets in the Classroom: Building a Culture of Success and Student Achievement in Schools (2013) and Dweck, Carol: Mindset: The New Psychology of Success.
- Instructional Plan for Incorporating Growth Mindset Strategies.

#### *Who should attend?*

K-12 Educators

#### *Date and time:*

July 10-August 6, 2016

#### *Location:*

- Online
- Optional study group meetings at TBD location

#### *Cost:*

\$570 (2 credit course)

#### *Register:*

Search by event date at [www.cesa6.org/professional-development](http://www.cesa6.org/professional-development)

#### *For more information:*

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